OFFICIAL ONE-PAGE MEDIA SHEET

Extinction or Evolution?

The Choice We Make Today Determines the World of Tomorrow

BY ADAM ALTAMERY · FOUNDER, PANTHORIS AI

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ONE-LINE BOOK PITCH

An urgent manifesto showing how artificial intelligence reshapes humanity quietly through daily habits rather than sudden conquest — and what it takes to keep human agency in the driver's seat.

KEY THEMES & CHAPTERS

- **Habit Before Conquest:** How AI transforms civilization via frictionless daily defaults before dramatic headlines appear.
- **The Attention Economy & Focus:** Inside algorithmic feeds, "The Dopamine Mirror," and reclaiming deep human thought.
- **Automated Work, Classrooms & Justice:** What society risks when institutions delegate judgment to black-box systems.
- **Capabilities vs. Hype:** Separating true AI architecture from marketing illusions for leaders and citizens.
- **Cognitive Sovereignty:** Establishing boundaries to train the next generation before handing over the machine.

SHORT BIO (50 WORDS)

Adam Altamery is a technology architect, founder of Panthoris AI, and author of *Extinction or Evolution?*. Over more than twelve years designing AI-driven systems — including Zero API and Direct Execution (DEX) — he has focused on one mission: building sovereign technology and writing that keep human judgment in control.

EXTENDED BIO (150 WORDS)

Adam Altamery is a technology architect, systems designer, founder of Panthoris AI, and author of *Extinction or Evolution?*. Over the past twelve years, he has engineered AI-driven infrastructure built to replace fragmented tools with connected, sovereign workspaces — pioneering Zero API and Direct Execution (DEX), technologies allowing intelligent systems to act directly inside a workspace rather than remaining confined to a chat window.

Alongside his engineering work, Altamery examines how artificial intelligence reshapes not only industries, but the internal architecture of human thought, attention, and autonomy. Writing for engineers and everyday readers alike, his book challenges individuals, educators, and leaders to establish clear boundaries around algorithmic systems before the line between original human thought and automated output vanishes.

Ideal For: Technology Founders & Executives · Educators & Libraries · Policy Thinkers · Everyday Readers

FACT SHEET

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SELECTED BOOK EXCERPTS

> *"I did not write this book to alarm you. I wrote it because I believe you are ready to understand."*
> — ADAM ALTAMERY

> *"Artificial Intelligence doesn't change our world suddenly; it changes our habits first."*
> — EXTINCTION OR EVOLUTION?

SUGGESTED INTERVIEW QUESTIONS

1. Why does AI reshape society through habits rather than dramatic sci-fi conquest?
2. What is the biggest misconception leaders have about current AI capabilities vs. hype?
3. How has building Panthoris AI & Zero API shaped your philosophy on keeping humans in control?

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